

# Newsletter

Term 4 Week 2 2019

22nd October 2019

Dear Parents and Friends.

# HOW TO HAVE A GOOD DAY

### Work for quality.

It's not necessary to shoot for the moon in everything we do, but when the work matters—when we sign our name to it, when it represents us—it is certainly worthy of our best. Working for quality means working hard, working wisely, doing and re-doing, thinking about what we are doing and why.

### Be kind.

Your kindness does two great things. Your kindness strengthens others and, in return, strengthens you.

### Pull your own happiness wagon.

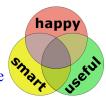
We make our own experiences and make our own memories. We cannot wait for someone else to make life good for us. We can create our own fun, look for what's right rather than what's wrong, and find happy moments even when times are hard. Look for beauty, for inspiration and for humour all around you. Look inside yourself for satisfaction and joy.

### Take time to get to know yourself.

Know your strengths and build on them. Know your weaknesses and work around them. Think about what you want the day to be like. Know what you stand for and live each day by your own values.

### Be useful.

Make the day better because you were in it. Make the place better because you passed by. Make the idea better because you improved it. Make the people you encounter stronger because you provided a helping hand or made them laugh or gave them hope.



### Be responsible.

Do your part—and then do some more. Turn off the excuses. Try to fix what's broken, even if you didn't break it. We are better and the world is better if we walk on our own two feet as we go through life. Take charge of your own path. Be the captain of your own success.

**Play.** Spend time doing things that make you happy. Be silly. Giggle. Hatch ideas and try them on. Understand that play teaches us as much as books can teach.

# KINDERGARTEN 2020 ORIENTATION MORNING



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# **ENCOURAGING UPSTANDERS**

Studies show that in 80% of bullying incidents, there are witnesses. When these witnesses intervene, bullying is stopped about half of the usual time. This suggests that we should empower children with the skills they need to step up when they see bullying.

# **TEACHING STUDENTS TO BE UPSTANDERS Know what to look for.**

A definition of bullying is helpful: there's a power imbalance between the bully and victim (size, age, popularity); the behaviour is intended to harm another person; it happens more than once. It's also important for students to know the wide variety of bullying: physical (punching, kicking, pinching); verbal (name-calling, taunting, threats, electronic messages); relational (spreading false rumours and personal information, group exclusion).



### Define bullying as requiring urgent action.

Students are more likely to act when they feel a situation is an emergency so they need to know that bullying produces psychological as well as physical consequences: including anxiety, low self-esteem, sadness, depression, fear, school refusal, isolation and even suicide. They also need to be aware of the way bullying undermines feelings of community and safety in a classroom.

### Take personal responsibility to be a change agent.

If students feel it is somebody else's responsibility, they will not help the bullying victim. To increase personal responsibility, students must begin to see themselves as responsible citizens who are not afraid to stand up. Upstanders do not need anyone to ask them to intervene.

### Feel competent to engage.

To build this level of self-assurance, discuss actual incidents students have witnessed and view educational videos or clips from popular media, identifying what upstander behaviour would look like. Role-play possible interventions.

### Decide to engage.

Interventions might include using humour to defuse the situation, creating a distraction, asking if the bully realises the way the victim feels, saying bluntly that the behaviour is wrong and needs to stop, helping the victim escape, and telling an adult. Children can also be encouraged to reach out to marginalised students who might be bullied.

### **Thought for the Week**

"Ask Jesus what he wants from you, and be brave!"

Pope Francis

Have a Blessed Week Michael Siciliano PRINCIPAL





### From the Assistant Principal's desk...

**Welcome to my desk.** In each Newsletter I will provide general information, ideas and tips for parents in all key Learning Areas. If you have a particular question or query or anything you would like more information about, please let me know.



# At OLR we wear our uniform with pride



# This term we are having a focus on improving the way in which the students are wearing the school uniform.

Wearing a uniform is a badge of pride, creates an identity for a school and is an important part of being a school student. Uniforms give students a sense of belonging and create an identity for the school in the community.

Some people believe that a school uniform can improve learning by reducing distraction, sharpening focus on schoolwork and making the classroom a more serious environment, allowing students to perform better academically.

Over the past term we have seen many students wearing accessories that are not part of the uniform. These include: items of clothing under their uniform which are visible, different jackets and hats and inappropriate headwear, jewellery and footwear.

The uniform policy and dress code can be found in the Parent Handbook.

### It states:

- Children must wear the full and correct school uniform each day.
- Children are to keep their uniform looking neat and tidy.
- No jewellery is permitted at school except for earnings (studs or sleepers). A cross
  may be worn but must be tucked inside their shirt or dress for safety.
- Children are to have an appropriate styled haircut. Long hair needs to be tied back.
- Any hair ties, bows etc... must be in the school colours or a black or neutral colour.
- Nail polish is not permitted.

### All students should now be in full SUMMER uniform.

Girls should have the dress with short white socks and black school shoes. No tights or long sleeved items should be visible under the uniform. On colder days the school jacket is worn.

Boys should be wearing, the school shorts and the short -sleeved shirt with short navy socks and black school shoes.

### The sport uniform includes:

Royal Blue/Navy/Gold microfibre polo shirt, Royal Blue microfibre shorts, White short socks and predominantly white sports shoes. The school track pants or plain navy tracksuit pants can be worn on cooler days. No tights or bike shorts are to be worn.

Teachers will continue to monitor the students and reminder notes will be sent home if students are persistently wearing incorrect uniform items.

We are proud of our school and its reputation in the wider community. We ask for parent support in raising the standards of the uniform at OLR. If parents have any concerns or require support please contact a member of the Leadership team.





*Mrs Julianne Regan* Assistant Principal

### WHATS HAPPENING AT SCHOOL

Friday 25 October •	Celebration of Learning - 2pm		
Monday 28 October •	WORLD TEACHERS DAY		
Tuesday 29 October •	Yr 6 Retreat Day		
Wednesday 30 October •	Kindergarten 2020 Orientation Morning		
Friday 1 November	All Saints Day Liturgy - 9:00-9:20am Kindergarten Open Classrooms - 2:15pm		
Monday 4 November •	Basketball Gala Day		

### **HAPPY BIRTHDAY**

Happy Birthday to the following children who have celebrated their birthday since the last newsletter.

HAPPY

Gauríka Manocha; Sophía Furner; Ruby Montgomery; Aarosh Budhathokí; Mahíwal Sekhon; Lucas Adríano; Jasmeet Kahlon;

FGerlene Síladen; Leví Montgomery' Matílda Drew; Kye Bíjoux; Vanessa Komí; Díya Vínoth Kumar; Ater Ajou; Jacob Matthews; Ileesha Gurusínghe; Baylea Parker; Marvelous Aduloju; Corban Parker'; Elíjah Cahill; Samantha Cazar-Mungcal; Spencer Webster; Adut Aleu; Kaír Satchell; Amean Arou; Gíorgío Salmas; Alessandra Lorenzo; Emílío Peters; Angelpreet Kaur; Cooper Pace; Líam Mítchell; Charlotte Mízzí; Khloe Ríen; Amna Jalngong; Eman Jalngong; Grace Smythe; Natalya Papandreou; Geng Akot.

### **CLOTHING POOL**

Just a reminder that the clothing pool/uniform shop operates every Tuesday at 9:15am from the canteen.

Donations of second-hand uniforms are greatly appreciated especially size 8 and up. If you have any uniforms at home that you no longer need, please consider donating them to the clothing pool, all donations can be delivered to the school office.



### SCHOOL FEES

Just a reminder that Term 3 school fees are now overdue. If you are experiencing financial difficulties please do not hesitate to contact Anne Rando in the school office on 8856 8301 to discuss your options.



# RELIGIOUS EDUCATION @ Our Lady of the Rosary

From the page of the Religious Education Coordinator - Mrs Colleen Fuller

### SCHOOL MISSION GOAL - 2019

All students engage with our school motto: 'We Follow Jesus' and respond as disciples of Christ.



### Parish Mass times are listed for you and the family.

You are invited to gather with the believing community for Holy Mass, at one of the many available times.

We are blessed to have so many time choices to attend Mass.

Saturday 6.00pm.

Sunday 7.30am, 9.00am. 10.30am & 5.30pm

Choose a Mass time that is most suitable time for you and your family to attend Sunday Mass.

Attending mass is an essential part of our Christian life as we gather in community, to hear the Word of the Lord in holy scripture, be nourished by the Eucharist and to respond to God's call to live as his disciples.

### 27th October, 2019 THIRTIETH SUNDAY IN ORDINARY TIME YEAR C

### Gospel Acclamation 2 Cor 5:19

Alleluia, alleluia!

God was in Christ, to reconcile the world to himself; and the Good News of reconciliation he has entrusted to us.

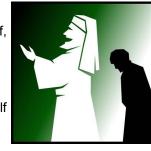
Alleluia!

### Gospel Lk 18:9-14

A reading from the holy Gospel according to Luke

The publican returned to his home justified; the pharisee did not.

Jesus spoke the following parable to some people who **prided themselves on being virtuous** and despised everyone else, 'Two men went up to the Temple to pray, one a Pharisee, the other a tax collector. The Pharisee stood there and said this prayer to himself, "I thank you, God, that I am not grasping, unjust, adulterous like the rest of mankind, and particularly that I am not like this tax collector here. I fast twice a week; I pay tithes on all I get." The tax collector stood some distance away, not daring even to raise his eyes to heaven; but he beat his breast and said, "God, be merciful to me, a sinner." This man, I tell you, went home again at rights with God; the other did not. For everyone who exalts himself will be humbled, but the man who humbles himself will be exalted.



The Gospel of the Lord.

R: Praise to you Lord Jesus Christ

### **SCRIPTURE COMMENTARY** by Dianne Bergant CSA

The story of the Pharisee and the tax collector **is an example of divine reversal**. It shows that **judgment is based on self-assessment** not on the evaluation of another. The Pharisee is a model of religious observance. His description of himself is probably accurate, and his negative estimation of the tax collector may be accurate as well. The tax collector does not deny possible involvement in offensive practices. In fact, his prayer for mercy seems to be an admission of his guilt. **The tax collector prayed for mercy, and his prayer was answered**. The Pharisee asked for nothing, and received nothing. The saying at the end is the final judgment.

The men's lives may have been the reverse of each other, but the judgment of Jesus exposes the real reversal.

**OCTOBER IS MISSION MONTH** - a time to remember the marginalised, lonely, sick, poor, and forgotten and a time to do something about this suffering.

As a school this year we are raising funds to support children of Ghana and their families. On Wednesday this week Dorothy Makasa from Catholic Mission will be working with students in each class group so that they may better understand the needs of families in Ghana.

## Planner Calendar 2019 - Term 4

### Our Lady of the Rosary - St Marys

Dates are correct at time of printing. Please check Newsletter, Website, Skoolbag and Facebook for updates

Date	Wk	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 14-18	1	Start Term 4	1:25-1:50pm Technology Club	1:25-1:50pm Choir Prectice	Yr. 6 Canberra Excursion 1:25-1:55PM Dance Club	Yr. 6 Return from Canberra Excursion
		Morning Assembly 8:45				YH PARISH MASS
Oct	2	Morning Assembly 8:45	Newsletter Day	1:25-1:50pm Choir Practice	1:25-1:55PM Dance Club	Kindy Don Bosco
21-25	_		1:25-1:50pm Technology Club			Yr2 PARISH MASS
			Chab			Celebration of Learning 2pm
Oct	3	Moming Assembly 8:45 WORLD TEACHERS DAY	8:45-2:45pm YR 6 Retreat Day	9-10:30em 2020 Kindergerten Orientation	1:25-1:55PM Dance Club	9-9:20 ALL SAINTS DAY LITURGY K-5
28-Nov -1		WORLD TEACHERS DAT	1:25-1:50pm Technology	Officiation		Yr6 PARISH MASS
-1			Club	1:25-1:50pm Choir Prectice		9-10am P & F Meeting
						2:15-2:45 Open Classroom Kindergarten
	4	Morning Assembly 8:45	Newsletter Day	Yr. 1 Don Bosco	1:25-1:55PM Dance Club	Y6 Don Bosco
Nov 4-8	_	Basketball Gala Day	1:25-1:50pm Technology	1:25-1:50pm Choir Practice		Yr4 PARISH MASS
			Club			Celebration of Learning
	-	Japanese Students at OLR	Japanese Students at OLR	Japanese Students at OLR	Japanese Students at OLR	2pm Japanese Students at OLR
Nov 11-15	5	Morning Assembly 8:45	1:25-1:50pm Technology	1:25-1:50pm Choir Prectice	1:25-1:55PM Dence Club	Yr3 PARISH MASS
11-13		,	Club			3-4:30pm P & F Fundraiser Don Bosco
						2:15-2:45 Open Classroom Year 6
Nov	6	Japanese Students at OLR	Japanese Students at OLR	Japanese Students at OLR	Japanese Students at OLR	Yr2 Don Bosco
18-22	•	Morning Assembly 8:45	Newsletter Day		THE PRESENTATION OF THE BLESSED VIRGIN	Whole School NRMA science & Road Safety
			1:25-1:50pm Technology	Yr. 3 Don Bosco	MARY	Program
			Club	1:25-1:50pm Choir Prectice	1:25-1:55PM Dance Club	Celebration of Learning 2pm
Nov	7	Morning Assembly 8:45	1:25-1:50pm Technology Club	9-11:30am 2020 Kindergarlen	9-11:30am 2020 Kindergarten	Yr4 Don Bosco
25-29	•		-	Transition Visits /Parent Workshop	Transition Visits /Parent Workshop	Yr5 PARISH MASS
				1:25-1:50pm Choir Prectice	1:25-1:55PM Dence Club	2:15-2:45 Open Classroom Year 2
Dec	8	School Swim Program Starts Yr2-4	School Swim Program Yr2-4	School Swim Progrem Yr2-4	School Swim Program Yr2-4	School Swim Program Yr2-4
2-6		Morning Assembly 8:45	Newsletter Day	1:25-1:50pm Choir Prectice	1:25-1:55PM Dence Club	KINDY PARISH MASS
			9-11 OLR Swimming Camival			Star Awards Celebration of
			1:25-1:50pm Technology Club			Learning 2pm
Dec	9	School Swim Program Yr2-4	School Swim Progrem Yr2-4	School Swim Program Yr2-4	School Swim Program Yr2-4	School Swim Program Yr2-4
9-13		Moming Assembly 8:45	Newsletter Day	1:25-1:50pm Choir Practice	9-10am End of year Liturgy & Gold Awards	9-10am P & F Meeting
			1:25-1:50pm Technology Club	School Reports Sent Home	10-11am Parent Thankyou morning tea	
			6-8pm Whole School Nativity Celebration		1:25-1:55PM Dance Club	
_	10	Morning Assembly 8:45	Newsletter Day	1 (D (T	Staff Dévelopment	
Dec 16-20	10	6:30-8pm Yr 6	Newsletter Day	Last Day of Term	Day	
		Graduation	Year 6 Fun Day	4 for students	Last day for Staff	