OUR LADY of the PRIMARY ST MARYS

Newsletter

Term 1 Week 11

April 5, 2022

TERM 1

Dear Parents and Friends of Our Lady of the Rosary Primary School

Term One Review

As term one comes to a close, our minds and hearts are full of contentment because it's been an exceptional learning experience for Our Lady Of The Rosary Primary School.

I would also like to take this opportunity to thank all the staff for their hard work and care for the children in our

IN REVIEW school. Thank you too to all the parents for your support throughout the term.

Together we've learned much and shared many exciting experiences some of which include:

- 2022 Opening School Year Liturgy •
- Meet and Greet Goal setting.
- Grade visits to the Don Bosco Centre
- Parish Mass
- Fortnightly Celebrations of Learning
- Kitchen Garden Program for children in 3&4
- Catholic Schools Week Liturgy & Open Classrooms.
- Online Naplan Practice for Year 3 & 5.
- Our Lady of the Rosary Cross Country
- Holy Week Prayer Service.
- Star and Gold Awards
- Principals Morning Tea

Thank you Lord for Term One at OLR.

At the end of Term One we give thanks to God: For all the teaching and learning that has taken place in our school, both in and out of the classroom, For the talents and gifts that have been shared and the challenges that have been faced; For the respect and care that has been given. We give thanks for the friendships that have just begun and for those that have grown. For the faith that has been lived in our daily struggles, For the hope that has lifted our hearts, And for the love that has kept us going We give thanks to the community that we are, and we ask you Lord -Bless our children and families as we take our holidays, may our time together leave us with memories to cherish. Pour out your love on us that we may return renewed and refreshed to continue our journey together. We make this prayer through Christ our Lord. Amen

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Our Lady of the Rosary Parish - Fr Brendan - 9623 1962

ERM 1 FINISHES FRIDAY 8TH APRI

ERM 2 STARTS TUESDAY 26TH APR

Safe Respectful Learners

Did you know that kindness was once a Knightly Virtue? Knightly virtues were part of every mediaeval Knight's code of honour and were standards that Knights tried to adhere to in their daily living and interactions with other people. Thanks to the Kindness Movement, kindness has not been left behind in the Middle Ages.

The Kindness Movement tells us that, "Participating in regular small acts of kindness is beneficial to your health, longevity and well-being; making the decision to be a little kinder will bring more pleasure and direction to your life than ever before." What's more, "The practice of being kinder is a simple way to make your life more joyful and fulfilling. So, relax, enjoy,

be friendly, laugh, be playful, help others. Focus on the things you enjoy rather on the things that annoy."

What good advice all that is! Does your family or your school need a "Kindness Movement" of its own making? A kind person is one who is described as being friendly, generous, warm-hearted, sympathetic, considerate, gentle, affectionate, forgiving.

Could your home or school do with more people like this? Well, whether kindness blossoms or lies dormant depends on whether it is nurtured. Parents and teachers have the power to instill kindness in children by being supportive and affirming. If children learn to understand how others think and feel, they will better understand how their choices affect other people.

If we act in a kindly manner and do things in the same way we expect our children to act and do, then, our children will have a much better chance to be kind people. Here's a little story: "As the bus slowed down at the crowded bus stop, the bus conductor leaned from the platform and called out, 'Six only!' The bus stopped. The conductor counted on six passengers, rang the bell, and then, as the bus moved off, called to those left behind, 'Sorry, plenty of room in my heart but the bus is full.' The conductor left behind a row of smiling faces. It's not what you do, it's the way you do it." The Friendship Book of Francis Gay.

God, our Father,

we ask You to establish a kinder, gentler order in our lives and in the lives of our children. Gently grow this kindness within us, so that it may be expressed to others through the sympathetic influence of what we say and do. May we be safe respectful learners. Amen.



Winter Uniform

Traditionally children return to school in term 2 wearing full winter uniform, however, if the weather is still quite warm parents are asked to use their discretion and allow their children to continue wearing full summer uniform.



<u>Thought for the Week</u>

"My favourite question to ask after listening to problems, concerns, and complaints is, 'Imagine if things were going perfectly; what would it look like?" Dan Rockwell 2017

Wishing you all a Holy Easter Michael Siciliano PRINCIPAL







5 Ways to Keep Kids Learning During the School Holidays...

The holidays are a time for rest, relaxation, family time and celebrations. But learning doesn't have to stop when the school gates Close... You can help <u>foster a love of learning</u> in your children over the holidays. And they won't even

know it! Below are some great school holiday activities that get kids engaged, curious and excited about learning...

1. Go to Museums.

It's an obvious choice for good reason:

Kids love the interactive, tactile and three-dimensional experience of learning at museums. 'Through interactive exhibits and hands-on play, children have the ability to take ownership of their own learning and develop and explore their own curiosities. This unique exposure provides the foundation for creativity, critical thinking, and connection to the world around them.'

Younger children can benefit from focused exhibitions that encourage experiential play and problem solving. This different experience of learning not only provides the perfect oppor-

tunity for family bondings...It can also help to boost creativity, develop problem solving skills, support active inquisition and a love of learning.

2. Take them to the supermarket.

The idea is to create opportunities for learning outside of the school setting and in the real world. Think about how many interesting and potentially unanswered questions we can ask about the world on a daily basis:

What kind of trees line your street, how your groceries get from where they're grown to in your kitchen, or how the technology in your home was developed...There's a myriad of opportunities for learning all around you.

By encouraging your kids to question the how and why of these mundane things, you're fostering a love of learning and a thirst for knowledge.

3. Let them be BORED!

The holidays can often be a constant battle of finding new and interesting things to keep kids entertained.

But there's a lot to be said for leaving them to their own devices, and letting them just be. Studies show 'Children need time to themselves – to switch off from the bombardment of the outside world, to daydream, pursue their own thoughts and occupations, and discover personal interests and gifts'. Children of the digital age are used to having constant entertainment and instant gratification.

So removing these distractions allows some much-needed time for quiet reflection, a wandering mind, and developing creative strategies to keep them entertained.

The best type of boredom can be found in <u>the great outdoors</u>, where they can investigate <u>the natural environment</u>.

It also encourages imaginative play, which helps kids to express their creativity.









4. Make reading part of the Routine.

Regular routines go out the window when school stops...

But you can still keep a sense of routine, and important daily rituals, all through the holidays. Reading is one of the best forms of learning for all kids and that includes reading to them:

Younger kids develop language skills, improve literacy, and put their imagination to good use...

While for older kids, fiction books can further support their writing skills, and through non-

fiction they can learn about topics that interest them that they may or may not study in the school environment. Reading can also aid relaxation and reduce stress and anxiety, increase empathy, and promote good sleeping habits.

5. Discuss current events.

Dialogue, as evidenced in The Supermarket Study, is a powerful and often-overlooked opportunity for teaching and learning. Discuss timely, relevant events from the media (or otherwise) with your children.

By encouraging them to be aware of issues in the world, to analyse and engage with them, and to consider events from various angles... You're helping to develop their critical thinking skills, to problem solve, and become responsible, engaged and empathetic. And who knows, you might learn something from them too!

So let your children enjoy the holidays but show them that learning can be one of the most fun holiday activities, too!



WHATS HAPPENING AT SCHOOL

Thursday 7th April	\Rightarrow	GOLD AWARDS - 2:00pm	
Friday 8th April	$\stackrel{\uparrow}{\uparrow}$	Principal's Morning Tea Last day for Term 1	
Sunday 9th April	\Rightarrow	Palm Sunday	
Friday 15th April	\Rightarrow	Good Friday	
Saturday 16th April	\Rightarrow	Easter Saturday	
Sunday 17th April	\Rightarrow	EASTER SUNDAY	
Monday 18th April	\Rightarrow	Easter Monday	
Monday 25th April	\Rightarrow		
Tuesday 26th April	\Rightarrow	First day for Term 2	
	\Rightarrow	Anzac Day Liturgy - 9:00am	
Monday 2nd May	\Rightarrow	Mother's Day Stall - 9:00am	





From the Religious Education Coordinator - Colleen Fuller.

<u>Mass Times</u>

Please check Sunday and Week-day Mass Times at the OLR Parish Facebook page. The OLR church is open after renovations and after the Covid lock down with some small Covid safety procedures. The community is ready to welcome you. Please check the Facebook page for Mass Times and what is happening in the parish.

HOLY WEEK REMEMBERING - Monday Week 11

Congratulations to all staff and students for the very meaningful and prayerful way, you facilitated engagement with our Holy Week Remembering. It was very prayerful and formative. Well done.

HOLY WEEK begins this Sunday in all christian churches, with Palm Sunday.

Luke 22:14—23:56 (shorter form: Luke 23:1-49)

From the cross, Jesus speaks words of forgiveness and promises that the good thief will be with him in paradise.

This Sunday, called Palm or Passion Sunday, is the first day of Holy Week. Holy Thursday, Good Friday, and the Easter Vigil on Holy Saturday are called the Triduum, three days that are the highlight of the Church year. There are two Gospels proclaimed at today's Mass. The first Gospel, proclaimed before the procession with palms, tells of Jesus' triumphant entrance into Jerusalem. Riding on a borrowed colt, Jesus was hailed by the crowds as they shouted blessings and praise to God. This event is reported in each of the four Gospels.



All churches will be celebrating Holy Week during this coming week. You are invited to be part of these celebrations.

Throughout Holy Week, Jesus gives us a model of holiness,

through his prophetic action, which Jesus tells us that true greatness, that is, true holiness, is found in humility.

PALM SUNDAY. HOLY THURSDAY. GOOD FRIDAY. HOLY SATURDAY. EASTER SUNDAY Tell days of Holy Week clearly show Christ's great love for all God's people.



Holiness is realized in our lives when we turn our eyes from ourselves and love others as their servants.

Best Wishes for a relaxing and holy holiday break.

GOLD AWARDS

This Thursday, April 7th we will be having our Gold Awards celebration. This celebration begins at 2:00pm.

All parents are welcome to attend.

P&F EASTER RAFFLE

Just a reminder that tickets for the P&F Easter Raffle are due to school by tomorrow, Wednesday 6th April. The raffle will be drawn at the Gold Awards celebration on Thursday 7th April.

HAPPY BIRTHDAY

Happy Birthday to the following children who have celebrated their birthday in the last 2 weeks.

Jaleesa Okewu, Manuelí Mísíwata, Chenukí Namasekara, Alíyah Adjeí, Ayuoth Anthony, Jordan Gaí, Charbel Frangíe, Akuol Achuoth, Chrístína Thomas, Iknoor Sohanpal, Charbel Sakr, Scarlett Grech, Jordana Tulíatu, Lual Kur, Amreen Sohanpal, Hamza Fofana.

K-Gold

1-Gold

2-Gold

3-Gold

4-Gold

5-Gold 6-Gold

TERM 1 STAR AWARD RECIPIENTS

Joshua El Allaoui

Alessa Estphan

Aarosh Budhathoki

Levi Williams

Noura Athian

Dut Baak

Elijah Cahill

K-Blue	April Akon
1-Blue	Abaj Baak
2-Blue	Achol Ngor
3-Blue	Aguek Ajou
4-Blue	Navya Lagowala
5-Blue	Mareng Agok
6-Blue	Samantha Cazar- Mungcal

Mungcal
TERM 1 WEEK 10
IGHTHOUSE AWARD RECIPIENTS

Ki	nd	y
`		•

- Alexandra Avgerinos
- Year 1 Levi Williams
- Year 2 Monika Dabra
- Year 3 Miguel Mendoza
- Year 4 Aadrinanda Karumathil
- Year 5 Om (Soham) Saha
- Year 6 Lenna Orake







RAFFLE

のれた CALLING ALL AUTHORS AT OUR LADY OF THE ROSARY lidau Writina

These holidays we want you to showcase your incredible creativity by taking on our writing challenge.



So have do you take part in this challenge?

State I.

During the school holidays using the photograph for inspiration, write and publish a short, imaginative piece of writing of up to one A4 page. (this can be typed or handwritten)

Stap 24

Bring your writing back to your class teacher by the

end of Week 1 in Term 2

We will be selecting the most exceptional entries and WriteOn competition is the State Library's annual entering them into the WriteOn competition. The writing competition for NSW students.

It is designed to encourage students to develop their writing skills.

Photography by Louise Whelan

School based severals will be given per grade

We can't what to read witting from all our annazing OLR authors!

STATELEVAN

riteOn 2022

COMPASS PARENT PORTAL

How to submit an attendance note

- 1. Log into your compass app
- Select the "Add Attendance Note (Approved Absence/Late)" link next to your child's photo
- 3. Select the attendance reason from the drop-down menu.

You will have the option of the following reasons to select from within Compass:

- Medical Illness
- Medical Appointment
- Holiday
- Other Explained Absence
- Natural Disaster
- 4. Record further details about the absence in the Details/Comments field.
- 5. Select the start and finish date for the attendance note by clicking on the calendar icon.
- 6. Click the "Save" button to complete.



How to change my contact details

- Step 1Select the Tools > Update My Detailslink from the home page. Alternative-ly, you may select the cog icon andfrom the drop-down menu selectUpdate My Details
- Step 2Enter your new mobile number and/or
email address in the fields provided
- Step 3 Select Update My Details



Behavior is a family business

- Talk with your partner about how you want to bring up your kids. Don't undermine each other.
- Listen to your children and respect their points of view. Work out family rules together.
- Set reasonable limits for behaviour depending on your child's age and stage.
- Share the care between the adults and support each other to have regular

'time out'

Family life can also be fun. Spend time with your kids playing a game, kicking a ball, cooking a meal, and eating together as a

Self-care for Parents

family.

- 🖑 List everything you're doing well as a parent.
- 🖑 Find time for yourself each day -
- 15 minutes to put your feet up.
- Meet up with other parents regularly form a support network.
- Try to get enough sleep being tired makes everything harder.

Parentline NSW Parentline ACT Parenting Line WA Parentline VIC Parenting Line TAS Parent Helpline SA Parentline QLD Parentline NT For more parenting information and support: (08) 9368 9368 (metro) (02) 6287 3833 13 22 89 1300 808 179 1300 364 100 1300 30 1300 1300 1300 52 1300 30 1300

Parenting lines provide a telephone service providing information and good ideas about caring for babies and children.

Content consultants:

Gillian Lee (Clinical Psychologist) Dr. Sue Roffey (Educational Psychologist) Dr. Sue Packer AM (Paediatrician) Dr. Bronwyn Gould AM (G.P., Child Protection Consultant)

Supported by:

The Australian Government Department of Family, Housing, Community Services and Indigenous Affairs

NAPCAN is an independent charity and the leading advocacy body for prevention of child abuse and neglect.



ALTERNATIVES TO SMACKING CHILDREN





Kids can drive You madi doesn't help in the long run and can cause serious harm

Why smacking is a bad idea

- Hitting teaches children that violence is the way to get what they want.
- Hitting children means they don't learn to manage conflict.
- Children have a right to feel safe. They deserve the same level of protection as adults.
- If you hit your children, they will be afraid of you when they are young, and angry when they are older.
- Smacking can become a habit. When it doesn't work most people hit harder.
- Adults are stronger than children. Hitting in anger often causes serious injuries.

Helping kids to behave without having to hit

- Recognise the problem is your child
 feeling tired, hungry, cold or worried?
 Fix the problem and behaviour may improve.
- If your child is 'in a state' there is no point reasoning, or hitting. Give everyone some space.
- When your child has calmed down, discuss things calmly and quietly with no distractions.
- Tell your child clearly and firmly what they have done wrong. Be clear that it is the behaviour you don't like, not your child!
- It is important the child knows what they should do, not just what they shouldn't.

If their behaviour has caused problems, ask them how to make things better. With your help it could be positive for you both!

Children need attention. If kids are 'good' we ignore them, if they are 'bad' – they get our attention. Catch them doing something good and tell them.

Remember: children see – children do!

Your children learn by watching what you say and do…every day. What your children learn from you, especially in the first years, is with them for life, affecting how they deal with other people as adults…lf you hit them, they'll think it's OK to hit too.

Things to try if you are at the end of your tether! Whatever you do, make sure your child is in a safe place!

- Take a few deep breaths. Count to 50! Or recite the alphabet.
- Walk around the house go outside.
- Do some stretching exercise is great for relieving stress.
- Don't be afraid to ask for help.Phone a friend or relative.
- Make yourself a cuppa and relax.
- ¹ Congratulate yourself on not smacking.
- W Remember the special things about your child and talk about them later.

