

Newsletter

Term 1 Week 3

February 8, 2022

KINDERGARTEN INFORMATION NIGHT

THURSDAY FEBRUARY 17, 2022

6:00 - 7:00 pm



Dear Parents and Friends of Our Lady of the Rosary Primary School

A very warm welcome back to all children, staff, parents and friends to the 2022 school year.

A special welcome goes to the Kindergarten children, new staff and new families joining us this year. Hoping that your Christmas break was both restful and spiritual.



2022 OLR Vision:

To develop a culture of
*active, curious learners who
embrace challenge.*

I have included a verse titled, "I dream a school" for your reflection as we commence the school year. This is a favourite of mine, which challenges and reminds us to continue making our Catholic learning communities places that address the individual needs of our children. As you read through the poem reflect on how we communicate these aspirations of the author through word and action for the children at Our Lady of the Rosary.

What are your educational dreams and goals for your child/children for 2022?



What strategies and activities are you putting in place to help achieve these targets?

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Our Lady of the Rosary Parish - Fr Brendan - 9623 1962



I dream a school
where learning will be celebrated
where there will be laughter and loving
where there will be songs and dancing
where all people will celebrate
the joy of living and learning.

I dream a school
where there is a balance of order and spontaneity
where learning is open to discovery
And where innovation is praised and valued.

I dream a school
where both playground and classrooms
will be places of safety and fun
and everyone will have a friend.



I dream a school
That has a rich curriculum
Which is child focused
And culturally enriched



I dream a school
where there is enough discipline
and enough freedom
and enough structure to make it work

I dream a school
Where young children will listen to older ones
And where older children pay attention to young people
And all will be glad of everyone

I dream a school
Where what I read in the Gospels
Comes alive in the way we treat one another

I dream a school
Where all differences will be put aside
And where each person is accepted and valued
For who they are



I dream a school
Where the youngest and the weakest
Will be guides and encouraged and supported
By the rest of the school
And where those that have talents
will be guided and challenged



I dream a school
That places God first
Where each member
Will read and write
And compute and pray
And grow each day in faith and hope
and love and respect for each other

I dream a school
that celebrates its past
and is open to the future.

Reducing Anxiety at the Start of a new School Year

Going back to school after a long break can be an anxious time for a child. New classes, teachers, and students as well as the increased uncertainty of the pandemic all have potential to pile up and create fear of the unknown. Here are some strategies that may help you and your child work through the start of the new school year and lead to a more positive experience.



Validate Their Anxiety

Letting your child know that you appreciate and understand that they may be anxious about the return to school is important validation for your child and helps them feel safe and secure.

Help Them Prepare

Discuss what to expect with your child and help them understand school procedures and safety measures. Ask them what they are looking forward to and check in regularly in the first weeks.

Focus on the Positives

Talk about the friends and teachers that your child will be seeing again after the long break and reassure your child that they will soon feel comfortable in their new routines.

Limit Expressing Your Expectations

You may need to limit conversations about your expectations for the year – especially academic ones. It may only add to your child's anxiety now and you will have plenty of time to discuss these during the year.

Don't Add to the Pressure

Remember that working through the change takes up a lot of energy, so your child may become tired, and a bit more grumpy than usual. Make sure they have plenty of free time to relax and play after school while they settle into the year.

Look After Yourself

The long break and the uncertainty that comes with the current pandemic and what to expect in the future has taken a toll on parents as well. You need to ensure that you have a break and care for your own well being if you are going to be the calm positive carer your child needs. Flexibility is going to be a necessity in the coming months, and you will need to ensure that you maintain your resilience as you care for your child and your family.

SCHOOL VOLUNTEERS REQUIRED

We are currently seeking parent volunteers who can assist in the following ways:

- Volunteer drive-thru traffic controller officer to assist parent pick up between 2:45pm and 3:05pm during school days.
- Volunteer clothing pool salesperson to assist every Tuesday morning in the school clothing pool.



If you are able to assist in any of these roles please contact the school Office (8856 8301)

Supervision commences at 8:15am

An important reminder that OLR school supervision commences at 8:15am every morning. Any parents who require supervision before this time please contact one of our OSHC Centres.

Contact details below

- YMCA 1300 009 679
- St Clair OOSH 9670 5555
- Go Bananas 1300 226 262

KINDERGARTEN INFORMATION NIGHT

We will be holding a compulsory information evening for Kindergarten 2022 parents where we will be presenting essential information on how your child will engage in learning this year and about the general day to day running of the classroom.

The Kindergarten teachers will be available to answer any questions you have.



When: Thursday 17th February 2022

Where: Year 3 Classroom

Time: 6:00 - 7:00pm

Thought for the Week

***Love & Kindness are never wasted.
They always make a difference.
They Bless the one who receives them,
and they Bless you the giver.
-Barbara De Angelis***

Have a Blessed Week
Michael Siciliano
PRINCIPAL





From the Assistant Principal's desk...

What a wonderful start to the year it has been. Years 1-6 began last Tuesday and have settled into routine very quickly. It has been great to walk around the classes and see the children so settled and getting straight into the learning.

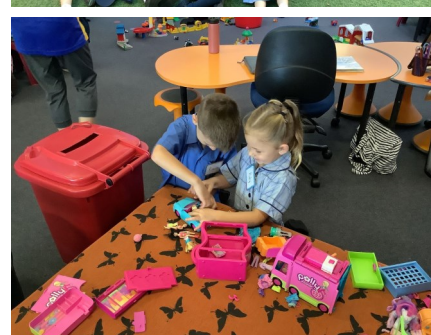
Last Thursday, our new Kindergarten students began. Again, the children are happy to be at school and have been enjoying the wonderful activities planned by their teachers.

Over the holiday break all of the teachers have worked extremely hard to set up the learning spaces and plan the learning for the Term. You will have the opportunity to see the classrooms when you come up in week 6 to meet your child's teachers and set their learning goals.

Our whole school VISION for this year is :
...to develop a culture of active, curious learners who embrace challenge.



**WELCOME TO
OLR
KINDERGARTEN**



HAPPY BIRTHDAY

Happy Birthday to the following children who have celebrated their birthday so far this year.



Jasnoor Bajwa, Kaydence Taruc, Augusto Liswanni, Jordan Landas, Awein Arou, Jayden DeGuzman, Dut Baak, Zach Habib, Trishaan Nair, Rishaan Chhabaria, Janssen Landas, Mariah Nichols, Nezhiah Strano, Onyx Matthews-Vita, Jaselle Pita, Lola Brown, Elouise Maseeh, Mariana Maseeh, Kuol Ker, Rainne Acuna, Anyar Majok, Rajveer Manocha, Bryce Sami, Soham Saha, Atelaite Taufu, Jasmine Williams, Reyansh Aneja, Charbel Andary, Mannoor Kaur, Daniel Osuntubo, Rochelle Chandrapala, Charlize McMillan, Dau Lual, Alexandra Averinos, Tuifua Maile, Marcus Andrews, Amariah Gae'e, Thiep Ngor, Nathaniel Blackwell

2022 OLR STUDENT LEADERSHIP TEAM



School Captains

Holly Blazevic & Shaurya Hardiya

School Vice-Captains

Matilda Khairallah & Anthony Jabbour

Mission Team:

Joy Kenyi
Eric Tuliatu
Gabrielle Ampong
Yom Lual
Ayen Akon
Samuel Gai
Taara Hariraam
Alek Ajou
Atelaite Taufu
Austin Kyle

Sports Captains

Blaxland - Akot Akot and Lenna Orake
Mitchell - Rajveer Manocha and Adut Aleu
Cook - Jackson Bingham and Crystal Christine
Mackillop - Jayden Khnejer and Awein Arou

Term 1 School Fees 2022

Dear Parents /Caregivers,

Please be advised that your Term 1 school fee statements will be posted out by CEDP on Friday 18 February 2022. You will be sent all the available payment options with your Term 1 Statement. Flexible payment plans are available and can be paid via Bpoint (direct Debit) and Bpay. All the dates and amounts for Weekly, Fortnightly or Monthly payments will be stated.



If you have any questions or need clarification once statement is received, please contact Anne Rando in the school office - PH-88568301 or via email at olor-stmrfees@parra.catholic.edu.au

If you are experiencing financial hardship and would like to talk about our options for school fees assistance, then again please contact Anne Rando in the school office. Phone: 8856 8301.

Kind regards,
Anne Rando

SPORT DAYS

The following days are when your child is to wear their sports uniform to school.



KINDERGARTEN:	Wednesday & Thursday
YEAR 1	Wednesday & Friday
YEAR 2	Monday & Thursday
YEAR 3	Tuesday & Thursday
YEAR 4	Wednesday & Thursday
YEAR 5	Monday & Thursday
YEAR 6	Tuesday & Thursday

DRINK BOTTLES

Please ensure that your child/ren bring a drink bottle to school each day.
There are drink bottle filling taps where the bubblers used to be.



HEALTHY

BODY
MIND
FAMILY

PENRITH

MINDFULNESS • HEALTHY INITIATIVES • COOKING

A free program for women
with children 0-12 years of age.

THIS PROGRAM WILL COVER

- Simple breathing and stretching techniques for everyday use
- Mindfulness, healthy thinking and meditation
- Mindfulness for children
- Reading labels and nutrition
- Cooking simple recipes

WHERE

Mission Australia
46 Bringelly Road Kingswood 2747

WHEN

Tuesdays from 1 March to
5 April 2022

TIME

10am to 12pm

For more information and to register please contact
Reneze on 0419 218 395 or email dunnre@missionaustralia.com.au

Limited places with child minding available. Strict COVID-19 guidelines will be followed.

Funded by Department of Social Services and Department of Communities and Justice, supported by Mission Australia.

CHILDREN'S
SERVICES
PENRITH
CITY COUNCIL

MISSION
AUSTRALIA
together we stand

penrith.city/childcare



We Follow Jesus

Our Lady of the Rosary

32b Saddington Street, St Marys NSW 2760

PO Box 811, St Marys 1790

Phone: 8856 8301

Email: olorstmarys@parra.catholic.edu.au

Website: www.olorstmarys.catholic.edu.au

February 2022

Dear Parents,

As you know, we are most fortunate to have a parent pick-up service at our school and staff are diligent in their efforts to assist in getting your child quickly and safely to your vehicle.

To ensure the smooth and safe running of this service for families, all drivers are asked to take greater responsibility by following these procedures carefully with CARE and FULLY!

This 'service' is not normal school practice and WILL ONLY CONTINUE if parents and carers cooperate fully.

This afternoon pick-up service is ONLY to be used by parents and carers who adhere to all of the following procedures:

LOCAL TRAFFIC

- Cars are not to stop on the school crossing or 'queue up' back onto Saddington St. If there is a queue you need to go around the block or park in the street.
- There is **NO RIGHT TURN into the driveway** from Saddington St.
- There is **NO RIGHT TURN going out of the driveway** into Saddington St.
- Anyone **speaking on a mobile phone**, or driving illegally in any other way, will be asked to park and collect their child.

NAME SIGNS

- You **MUST** have a name sign.
- Please **attach the NAME SIGN to the 'front' of the passenger side sun visor** so it can be flipped down quickly and seen easily. Signs lying flat on the dashboard can't be easily seen. Handheld signs are not safe as they take the driver's attention away from the road/driveway.
- Other carers picking up your child **MUST also have a sign**. If they don't, they will need to park.
- If you would like a name sign made for you, please complete the Kiss'n'Drop Name Sign form through eForms on Skoolbag.

LOADING CHILDREN INTO CARS

- You **MUST NOT** get out of your car.
- Children **MUST enter your vehicle from the kerbside**.
- If you must load children from the driveway side of your car, I am sorry but you will need to park and collect. **It is not safe** for children or adults to be on the driveway side of vehicles.

TIMES

- Children **MUST be collected by 3:15pm**. After this time you will need to park and collect your child from the school office. This is not an after school care service. Some people are arriving up to an hour after school has finished. This is very unfair to teachers and staff who have other work to do and meetings to attend and they have their own families and personal commitments to go home to.

CHILDREN WAITING

- Children are **NOT to eat or play games** while they are waiting.
- If children who do not listen and/or **don't come as soon as their name is called**, those picking them up will be asked to park so that others are not kept waiting.
- Children must take their backpacks off their back before they get to the car so they can get in quickly.
- Please move off as soon as your children are in the car but then ensure they are 'buckled in' before leaving the school driveway.

COURTESY AND RESPECT

- Teachers who are on this duty need to be treated with respect and courtesy and parents must follow their directions. They have a difficult job to do and need everyone's help.
- Please make sure everyone is spoken to politely and respectfully – parents and staff alike.
- It is an offence to sound your horn
 - ❖ To say hello or goodbye.
 - ❖ To use the horn out of frustration or anger.
 - ❖ To get another vehicle to start moving when your vehicle is stationary behind it.
 - ❖ In NSW the penalty for the illegal use of a horn carries a maximum **\$349** fine.

Your co-operation is greatly appreciated as we work together to move children away safely and quickly. With everyone's help this service will continue to work well.

Parents who do not follow these procedures will not be able to use this service.

Regards,

Michael Siciliano
Principal

2022 CANTEEN MENU

Hot Food

Corn on the Cob	\$120
Garlic Bread	\$2.00
Party Pie	2 for \$3.00
Hot Cheese Roll	\$3.00
Chicken Nuggets	4 for \$3.20
	6 for \$4.80
Cheese & Broccoli Bites	4 for \$3.20
	6 for \$4.80
Hot Dog w/ Sauce	\$3.50
Mini Dim Sim Cup	\$3.50
Chicken or Vegetable Sausage Roll	\$3.60
Spinach & Ricotta Roll	\$3.80
Hot Chicken Roll	\$4.00
Traveller Pie	\$4.20
Beef or Chicken	

Burgers

No changes or substitutions are available.

Chicken Burger	\$4.60
Lettuce & Mayo	
Beef/Salad Burger	\$4.60
Lettuce, Tomato & BBQ Sauce	
Cheese Burger	\$4.60
Beef, Cheese & BBQ Sauce	
Veggie Burger	\$4.80
Lettuce & Mayo	

Pasta & Rice

Macaroni & Cheese	\$4.80
Butter Chicken & Rice	\$4.80
Beef or Vegetable Lasagne	\$4.80
BBQ Pork & Ham Fried Rice	\$4.80

Hot Wraps

Chicken Tender w/ Lettuce & Mayo	\$5.20
Toasted Ham/Cheese	\$5.00

Bento Box \$5.50

Your choice of Chicken Breast Slice, Corn Cob or Boiled Egg PLUS 1/2 Sandwich, Mini Muffins, Sliced Fruit, and Popcorn



Classroom Catering supports a focus on everyday healthy food & drink options and is fully compliant with the NSW Healthy School Canteen food & drink benchmarks.

Build Your Own Sub Roll

Sub rolls baked fresh everyday!

\$5.50

Includes:

One (1) choice of meat, and any fillings or sauces.

1. Choose a Meat:

Chicken Breast, Ham, Tuna, Meatballs or Roast Beef

2. Choose Fillings:

Carrot, Cheese, Tomato, Lettuce, Cucumber or Beetroot.

3. Choose Sauce/Dressing:

Caesar, Garlic Aioli, Sweet Chili, Tomato, BBQ, Mayo or Sweet Mustard.

Sandwiches & Wraps

All sandwiches made on wholemeal bread

Upgrade Wrap	\$0.80
Vegemite, Jam or Cheese	\$2.50
Tuna or Egg	\$3.20
Ham, Chicken or Roast Beef	\$4.00
Salad Sandwich	\$4.00
Lettuce, Tomato, Cucumber, Beetroot & Carrot	
Salad w/ Tuna or Ham	\$4.50
Salad w/ Chicken or Roast Beef	\$4.80
Extras (including Toasting)	\$0.60
Cheese, Avocado, Sprouts	

Sushi

Available Tues, Wed, & Thurs

Chicken & Cucumber	\$3.80
Tuna & Cucumber	\$3.80
Chicken Teriyaki	\$3.80
Veggie Sushi	\$3.80

ORDER ONLINE!

For online weekly specials, detailed menus and to order online, please visit spriggyschools.com.au

Lunch order cut off is 9am



Salads

Garden Salad	\$4.50
Lettuce, Tomato, Cucumber, Beetroot & Carrot	
w/ Ham or Tuna	\$5.20
Chicken Caesar Salad	\$5.50
Greek Salad	\$5.50
Extras	\$0.60
Cheese, Avocado, Sprouts, Egg or Capsicum	

Drinks

Bottled Water 600ml	\$2.00
Plain Milk 300ml	\$2.00
Juice Popper	\$2.40
Flavoured Milk 300ml (3 Flavours)	\$2.60
Juice Bomb Sparkling Juice	\$2.80
Up 'n Go	\$2.80

Please note that while we take great care to ensure the correct flavour drink/ice block is provided, some substitutions may occur due to circumstances out of our control.

Cold Treats

Quelch Fruit Stick	\$1.00
Frozen Juice Cup	\$1.50
Snap Stix Ice Block	\$1.50
Icy Mony	\$1.50
Moosie Pouch	\$1.50
Juicee Tube	\$1.50
Lemonade on a Stick	\$1.50

All cold treats are to be collected from the canteen by returning brown lunch bag

Snacks

Pizza Muffin (Recess Only)	\$1.00
Laughing Cow Cheese	\$1.00
Carrot Sticks	\$1.00
Piece of Fruit	\$1.20
Boiled Egg	\$1.00
Popcorn	\$1.50
Mustard Cup	\$1.50
Fruit Salad	Small \$3.00
	Large \$4.00
Dip Snack Box	\$3.50
Banana Bread Slice	\$3.00
Red Rock Crisps	\$2.00
Grahwaves	\$2.00

Gluten Free and Halal menus are available online (see details above).

To order online, please visit spriggyschools.com.au.

Please note that the cut-off for orders is 9am.